

UNDERSTANDING ME CARDS

PUPIL VOICE SUMMARY



Child / young person: _____

Date: _____

Completed with: _____

Context / purpose: _____

1. MAIN PATTERNS

Tick the key theme(s) that emerge and note down example card(s) / comments.

AREA	KEY THEME(S) Tick all that apply	EXAMPLE CARD(S) / COMMENTS
 Autonomy & Independence	☐	
 Learning & Confidence	☐	
 Self-esteem & Identity	☐	
 Relationships & Belonging	☐	
 Sensory Processing	☐	
 Body & Health	☐	
 Safety & Regulation	☐	

Overall pattern / connections:

2. WHAT FELT MOST IMPORTANT TO THEM?

Record the cards they identified as most important to understanding them and any additional comments.

3. WHAT DOES THIS SUGGEST FOR SUPPORT?

What would they like adults to understand or do differently?

Support / changes identified together (priorities):



Explore strategies by area of need

Use the Understanding Me Strategies pages to find ideas that match their needs and priorities.

www.understandingme.co.uk/strategies-and-interventions

